# SUNDAY, 25 September (from 09:00 to 18:00 h.)

## Hotel BEST BALTIC Kaunas (former hotel "Daniela") Diamond Conference hall, A. Mickevičiaus g. 28, Kaunas

### Main themes

- Bee venom therapy, Apipuncture und Micro-Apipuncture
  - How to avoid and treat allergies to beehive products, including to bee venom
  - 10 methods to use bee venom without killing the bees
  - Soft, medium and hard bee venom therapy techniques
- Honey detox massage
- Apitherapy preparations
- Honey dressings for burns and other types of wounds
- Bee products in ophthalmology
- Best methods to make soaps with beehive products

# 09:00-13:00 Apitherapy Workshop (Part I):

#### 9:00-10:00

How to avoid and treat allergies to beehive products, including to bee venom (MD Stefan Stângaciu, Romania)

### 10:00-11.00

- 10 "soft" methods to use bee venom without being a bee killer
- "Medium" and "hard" bee venom therapy techniques
  - Micro-apipuncture with live bees
  - Apipuncture with live bees
  - Injectable bee venom technics

11:00-12.00 Bee-venom therapy (bee stings) - M.D. Lukas Mackevicius,

(Lithuanian University of Health Sciences Intensive Care Unit)

### 12:00-13.00 Usage of bee products for inhalations – Donatas

Vasiliauskas, UAB "Medicata Filia", Lithuania

13:00-14:30 Lunch break

# 14:30-18:00 Apitherapy Workshop (Part II)

**14.30 – 15:10 L-Mesitran medicinal honey dressings for burns and other types of wounds - practical methods -** *M.D. PhD Andrei Zbuchea (County Emergency Hospital, Ploiesti, Romania)* 

15:10 – 16:00 MD Stefan Stângaciu

- Honey detox massage
- "Secrets" on how to make the most useful apitherapy preparations

**16:00 – 16:30 How to make soaps with beehive products –** *Pharmacist Germy El-Geziri (USA/Egypt)* 

**16:30-17:30** Apitherapy in ophthalmology, practical aspects - *M.D.* Prof. Jurate Jankauskiene (Eye Clinic, Faculty of Medicine, Lithuanian University of Health Sciences).

### 17:30 – 18:00 Round Table with all participants